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Poplar Road Elementary School

"We ensure the success of each student"

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A Message from Lesley Goodwin, Principal

Dear Parents,



We are nearing the end of another school year, and it seems like yesterday that I wrote a "Welcome to Poplar Road" letter to you all. I have enjoyed working with your students throughout the year. They have made quite an impression on my first year as principal! As we look toward the next school year, your child's ending point will be our beginning point for planning. During these last few weeks of school, we will be assessing your child on his or her current levels in all subjects and sharing those results on the last report card of the year.

As we move into the final weeks of the school year, please take a few minutes to remind your child that it is important to remain focused on school work and to maintain the appropriate behavior and dress through the last day of school. We have been reviewing these expectations on our morning news program. Teachers have planned many exciting lessons and activities for the end of the school year. There is a lot of learning left to do! Help us end the year on a positive note by reviewing these expectations with your child.

Thanks to all families who supported our school this year, by volunteering, visiting, or simply by supporting your child at home with homework or projects. It is amazing to think about all that you have done this year for our students and staff.

Sincerely,

Lesley Goodwin, Ed. S.



Clinic News

Parent reminder: If you are a parent of a 5th grader, going to middle school next year, please make sure your child's shot record is current and that all the necessary immunizations are done before the first day of school and that you have either brought a copy to Poplar Rd. (before May 29th), or you take a copy to the middle school your child will attend before the first day of school. I wish all my rising middle school students much continued success; and look forward to seeing everyone else back here at Poplar Rd. next year.

I thank the Poplar Rd. community for all the effort and success of keeping school nurses in the system

Caroline Flynt, Nurse

Have a safe and healthy summer, remember to use sun block.



Parents that have sent in over-the-counter medication for their children need to pick these up before May 29th or during awards.



Music News

Well, we are closing out another successful year. As I reflect on this year, I can not only see lots of advancement musically, but growth in confidence, cooperation, and coordination. We have sang, danced, composed, listened, and learned many different instruments through the year.

Our chorus closed out the year with a bang at our awards night. This has been a wonderful group to work with and I look forward to seeing ALL of our 4th graders back next year.

We will definitely miss our 5th graders, but we are hoping to send them out with a bang and memories to last for many years to come with our production of *Seussical Jr.* They have been working hard for the past couple months and you won't want to miss this show! They will be performing on Friday, May 15th at the CPVA at 7:00. Tickets are on sale now from any 5th grader and will also be available at the door. Bring all your friends and neighbors and come see the best show yet!!

Brenda Naughton, Music Teacher

Panther Pride News

Congratulation to our 2008-2009 Track Team as they participated in the County Track Competition on April 30th.

Thank you to the chorus for a wonderful final concert of the year on April 29th.

Congratulations to all the students who received awards during the Honors and Chorus Night on April 29th.

Poplar Road Staff who will participate in our first Relay for Life has collected \$2,000.

Thank you to all the parents and students for making this year so successful at Poplar Road.

Assistant Principal's "Paws"itive Points



In some communities, the conclusion of standardized testing may be thought of as the unofficial end of the academic school year. On the contrary, I would invite you to share in my position that this is actually a great time to get a jump on the following year's academic curriculum. Take some time this spring and summer to engage in on-going academically based enrichment activities with your children. This will keep the blood flowing in the brains. Consider previewing the following year's curriculum as the research clearly supports the notion that prior knowledge plays a critical role in sustained student learning. Remember, all of our state's academic curriculum may be accessed at the following address: www.georgiastandards.org.

Recently, my husband and I embarked upon a journey that may be considered the commencement of an everlasting metamorphosis. Through the birth of our first child, we both realized that life is never truly visualized until it has in fact been seen through the eyes of your child. With this in mind, I would invite you to share in my fundamental belief that our children are our most vital assets and greatest investments. In order to achieve the greatest returns on these investments, we must be proactive with our time and talents. Let's continue to encourage them to be the very best at absolutely any and every thing that they attempt. Since the human brain is the most complex and intriguing muscle in the body, it can be sharpened and stretched based upon the amount of usage it receives. As it pertains to our children, we must continue to use the muscles of the brain by engaging them in recreational reading activities even outside of academic settings. As parents, our jobs are to establish and maintain our roles as the overall leaders of learning within our households. When our children observe our scholarly attributes, they will only presume that learning is a part of life that is a never ending cycle. Thus, we will truly remain our children's best teachers.

Counselor's Corner

Dear Parents,

The end of the school year is near!

Now that spring has sprung our days are longer and warmer. This is the time when many students are involved in extracurricular activities. Children benefit from regular exercise. Please encourage your child to join a sports team or other activities that promote regular exercise.

A child who is active will:

- *Have stronger muscles and bones
- * Be less likely to become overweight
- * Decrease the risk of developing type 2 diabetes
- *Possibly lower blood pressure and blood cholesterol levels
- * Have a better outlook on life
- * Sleep better

How Much Exercise is Enough?

The percentage of children who are overweight has more than doubled over the past 30 years. Although many factors are contributing to this epidemic, kids are becoming more sedentary. In other words, they're sitting around more than they used to.

According to the American Academy of Pediatrics (AAP), the average child is watching about three hours of television a day. (And the average child spends over five hours a day on all media combined, according to the Kaiser Family Foundation.)

Parents are encouraged to ensure that their children are getting enough exercise. So, how much is enough? According to the 2005 dietary guidelines from the US Department of Agriculture (USDA) and the Department of Health and Human Services (HHS), all children 2 years and older should get 60min. of moderate to vigorous exercise on most, preferably all, days of the week.

It's also important to remember that young children shouldn't be inactive for prolonged periods of time-no more than one hour unless they're sleeping. And school-age children should not be inactive for periods longer than two hours.

One of the best ways to get children to be more active is to limit the amount of time spent in sedentary activities, especially watching TV or playing video games. The AAP recommends that children under the age of 2 years watch no TV at all, and that screen time should be limited to no more than one to two hours of quality programming a day for children 2 years and older.

Let's all plan for a Marvelous May of Activities that will keep us healthy and fit!

(Source: <http://kidshealth.org>)

Lutricia Jones, Ed. S, LPC, NCSC, Counselor



Art News

Let me first thank all of the students who came and tried out for the Honor Art Club. We have such a big group, and it was not easy selecting students for the club. I love all of you! Congratulations the 2008-2009 Poplar Road Honor Art Club:




Ivan M.	Haley P.
Lawrence Y.	Autumn S.
Logan S.	Payton S.
Kellen P.	Mary N.
Tristan L.	Anna M.
Marcus B.	Brianna P.
Sean H.	Lily A.
Caelan F.	Lauren B.
Aaron G.	Ruby G.
Danny N.	Kaitlyn F.
Joshua S.	Helena W.
Alex S.	Kassidy B.
Tanner S.	Esther M.

Dress Code

As the weather turns warmer, please be mindful of the school dress code which can be found on page 19 in your child's agenda. Specifically, the hem of shorts and skirts must touch the index fingertip when arms are by your side. Halter tops, tank tops and muscle shirts are also not to be worn at school.



	May	
1	Relay for Life @ Coweta County Fairgrounds	7:00 p.m.-7:00 a.m.
5	Progress Reports go home	
4-8	Teacher Appreciation Week	
6	School Nurse Appreciation Day	
	Teacher Luncheon	10:30 a.m.
7	5th Grade Parent Night at ECMS	6:30 p.m.
	Stevi B's Spirit Night	3:00 p.m.-7:00 p.m.
12	Pre-K Parent Conferences	
13	5th grade play rehearsal- Performing Arts Center	8:30 a.m.-2:00 p.m.
14	PTO Board Meeting	4:00 p.m.
	5th grade play for K-2	1:00 p.m.
15	5th grade play- <i>Seussical Jr.</i> At CPVA	7:00 p.m.
	5th grade play for 3-4 grades	1:00 p.m.
18	Last day to check out library books	
20	Last day to take AR Quizzes	
21	Shane's Rib Shack Spirit Night	5:30 p.m.
21-22	ROAR Handprints Throughout the day	
22	End of Year-AR Party	1:30 p.m.
25	Holiday - Memorial Day	
26	4th grade play-Cafeteria	9:00
	Puppet Show for PreK, K - Gym	12:00 p.m.
26-27	CRCT Retest Days	
27	1st Grade Awards Parten, Butler, Wheeler	9:30 a.m.
	1st Grade Awards Sims, Daniel, DeMent	10:00 a.m.
	Pre-K Celebration	8:30 a.m.
28	K-Graduation- Buckand/Ladd/Steward/Hobbs	8:30 a.m.
	K-Graduation- Scruggs/Allen/Desch	9:30 a.m.
	2nd grade Awards	11:30 a.m.
	3rd grade Awards	12:30 p.m.
	Pre-K Water Day	1:00 p.m.
	School Council Meeting	7:30 a.m.
29	Last Day of School	
	5th grades Graduation	9:00 a.m.
	4th grade Awards- All 4th grade except	12:30 p.m.
	4th grade Awards Kelly	12:45 p.m.
	Report Cards Go Home	

Kindergarten Registration at CRC May 26-29
8:00 am-5:00 with Thursday, until 7:00 pm

PTO News

Thank you to all of you who have supported the PTO this year. You are not only supporting our organization, you are supporting our students and staff. We do have several positions on our PTO board that are up for reelection. Written nominations have been submitted for these positions. Please plan to vote for candidates running for PTO board before the end of this school year. We wish well those members who are finishing their terms on the board.

Even though we are on summer break, continue to collect Box Tops. We will be sending home the collection sheets for June - August that you can fill in.

Our yearbooks will be arriving soon. Due to an error at the printing plant, the entire book had to be reprinted. They should arrive the week of May 18th. As soon as they arrive, we will announce the cover artist. We appreciate your patience and be reassured that we have strived to bring our families the best album that we could produce.

Good Luck to our 5th Grade class. We wish you well as you leave us to start another part of your life. Always remember that you are always welcome to come and visit and always remember,
"The mighty Panther's are the best!"

Cafeteria News

As of **May 1, 2009** there will be no charging in the cafeteria. Please make sure your child/children have money on their accounts for breakfast and /or lunch. An alternate meal will be giving if the account is negative or does not have sufficient funds.