

Newnan High School Softball

Coaches:

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Conditioning:

Tuesdays and Thursdays beginning June 2

Time: 10:00 – 11:15

- These are optional days of conditioning. We will be using softball equipment to prepare for try-outs and the season. It is highly recommended that players attend this time.
- We will also be doing weightlifting and workouts at this time.

Try-outs:

Date: August 1

Time: 10:00 – 12:30

- During try-outs, girls will be evaluated on playing ability, work ethic, and attitude, as all three of these aspects highly influence the team.
- Girls entering grades 10 – 12 must have a C average or better to be eligible to participate in athletics and Newnan High School.

Practices:

- Practices will be every weekday from 4:00 to approximately 6:00. We may occasionally have a weekend practice. JV practice will end around 5:30.
- 8th grade players are responsible for their own transportation to practice. Some middle schools have bus routes to NHS.
- Absences (excused or unexcused) from practice will result in extra running/work for each absence. Excused absences include sickness, doctors' appointments, and death in the family. Please let the coaching staff know of any absences ahead of time if possible. If a player attends school, they are expected to practice that day.

Booster Club:

- Each girl is expected to raise a set amount of money to support the booster club. We provide fundraising opportunities to help the girls raise their share of money with minimal effort. Fundraisers include sign sales, drink sales, and a variety of other opportunities.
- The booster club provides meals for players after away games, practice uniforms, equipment for the team, and the end of season banquet, among other things.

****All players must have a physical on the current GHSA form, the green insurance packet, heat form, and the pink warning film paper signed before they participate in any activity at Newnan High School.**