

Coweta Schools

November 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Cereal Wheat Toast Chilled Fruit Choice Milk Jelly	Nov - 3 Steak & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 4 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 5 Pancake Pup Syrup Cereal Buttery Grits Fruit Juice Choice Milk	Nov - 6 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Nov - 9 Cereal Breakfast Bun Chilled Fruit Choice Milk Jelly	Nov - 10 Biscuit Ham Slice Scrambled Eggs Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 11 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 12 Steak & Biscuit Cereal Jelly Buttery Grits Fruit Juice Choice	Nov - 13 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Nov - 16 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 17 Steak & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Nov - 18 Cereal Wheat Toast Fruit Choice Milk Jelly	Nov - 19 Mini Pancakes Sausage Link Cereal Fruit Juice Choice Milk	Nov - 20 Biscuit Ham Slice Scrambled Eggs Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Nov - 23 HOLIDAY	Nov - 24 HOLIDAY	Nov - 25 HOLIDAY	Nov - 26 HOLIDAY	Nov - 27 HOLIDAY
Nov - 30 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk				

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.