

**Coweta Schools**  
**Middle Breakfast**  
**(1/4 RDA) : Grade 6-8**  
**August 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 3	Aug - 4	Aug - 5	Aug - 6	Aug - 7 Super Donut Cereal Buttery Grits Fruit Juice Choice Milk
Aug - 10 Cereal Wheat Toast Chilled Fruit Choice Milk Jelly	Aug - 11 Steak & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 12 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 13 Pancake Pup Syrup Cereal Buttery Grits Fruit Juice Choice Milk	Aug - 14 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Aug - 17 Cereal Wheat Toast Chilled Fruit Choice Milk Jelly	Aug - 18 Biscuit Ham Slice Scrambled Eggs Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 19 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 20 Steak & Biscuit Cereal Jelly Buttery Grits Fruit Juice Choice	Aug - 21 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Aug - 24 Chicken 'n Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 25 Steak & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk	Aug - 26 Cereal Wheat Toast Fruit Choice Milk Jelly	Aug - 27 Pancakes Sausage Link Syrup Cereal Fruit Juice Choice Milk	Aug - 28 Biscuit Ham Slice Scrambled Eggs Cereal Buttery Grits Jelly Fruit Juice Choice Milk
Aug - 31 Sausage & Biscuit Cereal Buttery Grits Jelly Fruit Juice Choice Milk				

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**